

**LYDIA BEAL BSN RN WCC CWOCN**  
200 MOON HILL ROAD MARION MAINE 04691  
207-263-7552  
LYDIA.CWOCN@GMAIL.COM

**Wound, Ostomy, and Continence Care Nurse**

**EDUCATION & CLINICAL TRAINING**

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Bachelor of Science in Nursing, magna cum laude. University of Maine/Fort Kent. 2012.  
Medical/Surgical. 240 clinical hours. Down East Community Hospital. Machias, ME. 2012.

webWOC Nursing Education Program, Full Scope of Practice (Wound, Ostomy,  
Continence) Metropolitan State University: Summer 2016

Maine Medical Center, Portland, Maine: 100 clinical hours Wound and Ostomy: September  
2016

Urology, Dr. Rathod: Machias, Maine: 50 clinical hours: October, 2016

Skin & Wound Care Management, Wound Care Education Institute: Corona, NY. Dec 2015

Inland Hospital Wound Center: 120 clinical hours with wound care. Oakland & Sebecook  
Valley Hospital. Pittsfield, ME: January-February 2016.

Advanced Wound Debridement. Infinitus LLC. 2015.

Foundations in Phytotherapy. Drexel University Online. Philadelphia, PA. 2015.

Food Safety Preventative Controls Alliance Training Course and Technical information on  
preventing contamination for human food. University of Maine, Orono. June 6-8, 2018.  
FDA recognized: Preventative Controls Qualified Individual PCQI.

**LICENSES & CERTIFICATIONS**

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Registered Nurse. Maine. RN62600: 12/2012 - 4/2018.

Registered Nurse. Florida. RN9433238: 5/2016 - 4/2018.

Certified Wound Ostomy Continence Nurse. CWOCN. By the Wound Ostomy and Continence  
Certification Board- 1/2017-11/2021.

Wound Care Certified. WCC: board certified Wound Care Certification by the National Alliance  
of Wound Care and Ostomy (NAWCO®). 3/2016 - 3/2021.

Basic Life Saving (BLS) Certified by American Heart Association: through 6/2019.

Wilderness First Aid (WFA) Certified by through 5/20/2020

## **PROFESSIONAL EXPERIENCE**

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*Farm Manager. Josh Pond Farm, Whiting, Maine. March 2014 -present. Collaboratively work with farm owners and operators with the goals of good organic practice management in each area of farm production. Food and Drug Administration (FDA). FDA compliant Food Safety Plan Director. FDA-recognized: Preventive Controls Qualified Individual(PCQI).*

*Organizer. Down East Ostomy Group. Machias, Maine. March, 2018- present. United Ostomy Association of America (UOAA) affiliated support group offering monthly support and education for anyone who has had or will have urinary or intestinal diversions, families, caregivers, loved ones, and interested members.*

*Home Health Care Nurse. Sunrise County Home Care. Lubec, Maine. 10/2016-Present. Assessments and management of client's specific need for skilled nursing in the home setting. Collaborate with all disciplines to ensure improved client outcome with trust, respect and continued care.*

*Patient Attendant. Attendant Services. Portland, ME. 06/2015 – Present. Weekly home visits include assessments, medication administration, catheter care and ostomy care for a quadriplegic patient. Providing support for the caregiver and sharing ideas together for improvements for the client's comfort.*

*RN consultant. Davis Estates. Machias, ME. 04/2014 – 03/2017. Monthly visits include RN reports which include: incident reports, medication records, chart audits and staff-resident interactions. Performed skin assessments and recommendations made for care in the Moisture Associated Skin Damage and diabetic foot checks and nail care.*

*Staff RN. Marshall Health Care Facility. Machias, ME. 01/2014 - 06/2015. Resident care,*

*Retainer Camp Nurse. Camp Eagle Wing. Whiting, ME. Summer sessions: 2013 – 2016. Health screenings, education, medication passes, as needed treatments and acute wound care.*

*RN. Sunrise County Dialysis. Eastport, ME. 01/2013 - 01/2014. Set up machines for patient dialysis treatments; water testing; patient assessments and monitoring before, during, and after dialysis treatment, patient and family education, diabetic foot checks and continual collaboration with the multidisciplinary team in the clinic.*

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## **VOLUNTEERISM**

*Wound, Ostomy, Continence Nurses Certification Board: Member of the 2018 Job Task Analysis Task Force, March , 2018. Milwaukie, Wisconsin. March 2018.*

*Outpatient surgery, flu clinics, cholesterol screening, special programs, filing. Down East Community Hospital. Machias, ME. 2010-2011.*

## **AFFILIATIONS**

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*Member, American Nurses Association.*

*Member, Wound Ostomy Continence Society*

*Member, United Ostomy Association of America*

*200 Moon Hill Road Marion Maine 04691 207-263-7552 lydia.cwocn@gmail.com*